TWO-ONE COWL

BY LAURA TREADWAY

A super-quick, very easy cowl in a 2 x 1 ribbed pattern. The ribbing keeps the cowl from flopping, and it can also be folded over to adjust the height for weather conditions. Ideal for showing off the texture of handspun yarn and easily adjustable to any weight of yarn.



And, the ribbed pattern matches the ribbing in the *Maine Morning Mitts* by Clara Parkes, so they make a nice set.

Materials:

- 60-100 yards of aran or light bulky weight yarn. (I used two strands of Crown Mountain Farms Sock Hop held together to achieve this weight.)
- 5.5 mm (US 9) circular needles, 16 to 21 inches in length.
- One stitch marker.

Gauge:

4 stitches = 1 inch in stockinette

9.5 stitches = 2 inches in fully relaxed 2 x 1 ribbed pattern

Experiment with yarn in your own stash. The key is that you can fit the cowl over your head when fully stretched, and that it is not too tight around your neck when it is worn.

To calculate: Measure your neck and figure your gauge of the ribbed pattern when fully relaxed. Multiply the number of inches around your neck by the perinch gauge and round to a multiple of 3. For example, my goal was 17 inches around. At my gauge, that was 81 stitches.

Skills Used:

Cast on, knit and purl, knitting in the round, bind off. See? Easy-peasy.

Instructions:

- Cast on 81 stitches (or the number needed for your yarn and desired cowl width, in multiples of 3).
- Join for knitting in the round, being careful not to twist stitches. Place marker to note the beginning of the round.
- Row 1: *K2, p1*, repeat to end of round.
- Repeat this row until desired length. (See note below).
- Bind off in pattern.



A Note About Length:

My cowl is 6 inches tall, a good length to be able to tuck your nose in on a cold day, and be able to fold it down if you want it out of your face. You could make it shorter to keep below your chin, or longer, as desired.



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